

Shanti Regester, LMFT #92756



“support for your life journey”

Office Policies

Intake sessions are \$175 for 60 min. The intake session is designed for the therapist to gather essential background information and to work with you to develop a goal. Individual psychotherapy sessions are \$125 for 50 min. Family or couple psychotherapy sessions are \$150 for 50 min. In-home visits are offered at \$175 per session; \$200 for in-home initial assessment. School observations and behavior planning in the school setting is offered at \$175 per hour. Documentation requests are required 2 weeks in advance and are \$25.

Co-payment is due at time of session for Cigna clients.

Sliding scale is available.

Forms of payment accepted: ****Credit Cards Only****

I will return phone calls within 24-48 hours. I am available for phone calls in between sessions for addressing concerns about your self-work. Phone calls over 20 minutes will be charged for an individual session.

By signing below, I agree to the above office policies.

Client Signature (Client’s Parent/Guardian if under 18)

Date